

TMJ HEALTH QUESTIONNAIRE

Patient: _____ Date _____

Chief Complaint _____

History of Chief Complaint Since Onset: _____

Date of Onset _____

Pain Symptoms:

Do you get tension headaches?	Y	N	Do you get headaches in right or left temple areas?	Y	N
Do you ever get migraine headaches?	Y	N	Do you get headaches in the back of your head?	Y	N
Do you feel you need treatment for this problem?	Y	N	Do you grind your teeth when asleep?	Y	N
Do you frequently have neckaches or stiff neck muscles?	Y	N	Are your jaws tired when you awaken from sleep?	Y	N
Do you have trouble sleeping soundly?	Y	N	Are your symptoms worse		
Have your teeth been sore upon awakening?	Y	N	a) Upon rising in the morning?	Y	N
Does your jaw ache when you chew?	Y	N	b) At work (school)	Y	N
Do you have ear pain?	Y	N	c) At home?	Y	N
Does your jaw ache when you chew?	Y	N	How often do you take medicine for relief of pain?		
Have you ever had chronic shoulder or back pain?	Y	N	a) Never	b) Weekly to Monthly	
			c) Weekly	d) Daily	
			What medication, if any, are you taking?	_____	

TRAUMA or ACCIDENTS

Have you had a severe blow to the head or jaw?	Y	N	Have you ever been involved in any serious accidents such as a car accident?	Y	N
Any whiplash neck injuries?	Y	N			

JAW JOINT SYMPTOMS

Does your jaw feel tired after a big meal?	Y	N	Do you feel or hear a “clicking” or “blooming” noise from either jaw joint?	Y	N
Do you ever get dizzy?	Y	N	Has your jaw ever locked where you were unable to open or close?	Y	N
Do you ever feel faint?	Y	N	Have you ever had pain in either jaw joint?	Y	N
Do you ever feel nauseated (sick)?	Y	N			
Is there a family history of jaw joint (TMJ) problems ?	Y	N			

EAR and EYE SYMPTOMS

Do you have itchiness or stiffness in either ear?	Y	N	Do you have any pain in your ears?	Y	N
Do you suffer from any loss of hearing?	Y	N	Do you hear ringing, buzzing or hissing sounds in either ear?	Y	N
Do you get pain in, around or behind either ear?	Y	N	Do you hear grating noises in ears? (like sand particles rubbing)	Y	N
Are there times when your eyesight blurs?	Y	N			